Associate Professor of Psychology Hillsborough Community College/Tampa, Florida bsilber@hccfl.edu

EDUCATION

M.A. Vermont College of Norwich University, Montpelier, Vermont

Major: Counseling Psychology/Marriage and Family Counseling

Thesis: "Using Therapeutic Humor with Couples" **B.A.** University of South Florida, Tampa, Florida

Major: Interdisciplinary Social Sciences

A.A. Miami-Dade Junior College, Miami, Florida

Major: Liberal Arts

TEACHING AND WORK EXPERIENCE

Hillsborough Community College, Tampa- Associate Professor of Psychology (2003-present)

Instructor for Psychology and Related Courses*

Duties:

- Lectures, design lesson plans and group activities
- Establish communication with students to assist and facilitate the learning process.

*Courses taught: General Psychology, Abnormal Psychology, Psychology of Personal Growth, Developmental Psychology, and Child Development

Hillsborough Community College, Tampa- Counselor/Academic Advisor (1991-2003)

- Assisted students with academic and personal challenges/issues
- Career counseling including interpretation of specific career tests
- Assisted with the development of the online tool *Myers-Briggs Type Indicator* and *Strong Inventory*, which assisted students with establishing career goals

Comprehensive Rehabilitation/Cost Containment Management, Tampa- Rehabilitation Counselor (1986-1991)

- Assisted/counseled disabled clients with medical management, career development, jobseeking skills
- Aided clients with acquiring skills to obtain gainful employment

Hillsborough County Board of County Commissioners- Social Worker/Caseworker (1975-1986)

- Counseling assistance for a variety of populations: economically disadvantaged persons, criminal offenders, medically-disabled persons
- Duties included assessment of individual's needs, knowledge of community resources, making appropriate referrals

Additional Teaching Experience

HCC/Sacred Heart Junior College, San Ignacio, Belize, International Exchange Program, General Psychology (June, 2006)

University of South Florida, Tampa, Division of Lifelong Learning (1987-1992)

Maximizing Your Potential—An Attitudinal Approach

Developing Your Sense of Humor—A Strategy for Success

CONFERENCES AND PRESENTATIONS

NISOD Conference, Austin, TX, May 2014

• "Community College Confidential"

NISOD Conference, Austin, TX, May, 2011

• "Creating Your Own Captivating Classroom"

Hillsborough Community College Faculty In-Service, Tampa, October, 2011

• "Creating Your Own Captivating Classroom"

NISOD Conference, Austin, TX, May, 2010

• "Creating Your Own Captivating Classroom"

Hillsborough County Department of Children's Services, Tampa, February, 2001

• "Humor in the Workplace"

HCC/Hillsborough County High School Occupational/Guidance Counselors, Tampa, March, 2000

• "Humor in the Workplace"

Association of Florida Colleges, Student Development Commission Spring Conference, Ocala, FL, May, 1999

• "Creating a Positive Workplace"

Association of Florida Colleges, Student Development Commission Fall Conference, Tampa, 1998

• "Maximizing Your Potential"

Florida Association of College Registrars Conference, Pensacola, FL, 1998

• "Creating a Positive Workplace"

State of Florida Department of Federal Probation Officers Conference, Ocala, FL, October, 1993 (keynote speaker)

• "Humor in the Workplace"

Association of Florida Colleges (formerly Florida Association of Community Colleges), Student Development Commission Fall Conference, Tampa, 1993

• "Humor in the Workplace"

State of Florida Department of Juvenile Justice Conference, Tampa, 1992 (keynote speaker)

• "Laughter and Humor in the Workplace"

Hillsborough County Public Defenders, Tampa, 1991

• "Laughter and Humor in the Workplace"

Pinellas County Department of Education, Paraprofessionals Division, St. Petersburg, FL, 1989 (all day workshop with co-presenter, Carlos Perez)

• "Laughter and Humor in the Workplace"

Cost Containment Management Annual Conference, Orlando, FL, 1990

• "Job Development Strategies"

Tampa Bay Singles Group, Tampa, 1984

• "The Joy of Listening"

PUBLICATIONS/PROJECTS

"Counseling Assistance for Students" *The Hawkeye-Hillsborough Community College Student Newspaper* (1997)

"Developing Humor in Children" Tampa Bay Family Newspaper (1986)

Textbook Chapter Reviews

- General Psychology, McGraw-Hill Publishers
- Abnormal Psychology, McGraw-Hill Publishers
- General Psychology, Wiley Publishers

COLLEGE ACTIVITIES

Chairperson, HCC Academic Affairs Committee (9/2013 to present)

Vice-Chair, HCC Academic Affairs Committee (9/2010-9/2013)

Steering Committee HCC Quality Enhancement Plan (2006-2011)

Lead Faculty for Psychology HCC Quality Enhancement Plan (2006-2008)

HCC Student Success Committee (2005)

Announcer- HCC Men's Basketball (2002-present)

HCC Counseling Cluster Chairperson (1993-1994)

HCC Faculty Credential Committee (1993)

Announcer- HCC Men's Basketball (2002-present)

AWARDS AND HONORS

Carrollwood Players Community Theater One, Act Production Committee, Tampa, FL Third Place Award: *The Man Who Wrote Danny Boy*

Carrollwood Players Community Theater Fundraiser, Tampa, FL

Recognition Award

Writer/Director/Producer of the play, And a World to Carry On (Laura Nyro Remembered)

Suncoast Richey Playhouse, New Port Richey, FL Funny Money (2010)

Best Supporting Actor, Received Tommy" Award

Who's Who in Higher Education (2003, 2004)

Hillsborough County Board of County Commissioners

Special Award for Civic and Community Involvement (1984)

Q-105 (Tampa radio station) Volunteer of the Week (1984)

MEMBERSHIPS

Association of Florida Colleges (1993—present)

National Education Association (NEA)

USF Alumni Association

United Faculty of Florida (UFF)

Phi Theta Kappa (PTK-National Community College Honors Society)

VOLUNTEER/COMMUNITY SERVICE ACTIVITIES

Community Theater Actor, Producer, Playwright for Carrollwood Players, Masque Community Theatre, Suncoast Richey Playhouse, Tampa Players, Tampa Playmakers, and Hillsborough Community College 1980-present)

WMNF (community radio) co-host of "Soul Party" 1990-present)

Stageworks Staged Reading Fundraiser, "The Front Page", and "Rumors" (2012, 2013)

Steering Committee, Tampa Bay Jewish Film Festival (2003-2013)

Tampa Bay Jewish Community Relations Council (2003)

Sexual Abuse Crisis Counselor, Hillsborough County Crisis Center (1984)

Crisis Telephone Counselor, Hillsborough County Crisis Center (1979-1984)

Crisis Counselor USF Care Team (1975-1976)

Crisis Counselor USF Helpline (1974-1976)

Great American Teach In (various times)

Director-Project Return Players (community-based, non-profit improvisational theater group for persons with mental health issues)

NON-ACADEMIC INTERESTS

Public speaking, playwright, acting, directing